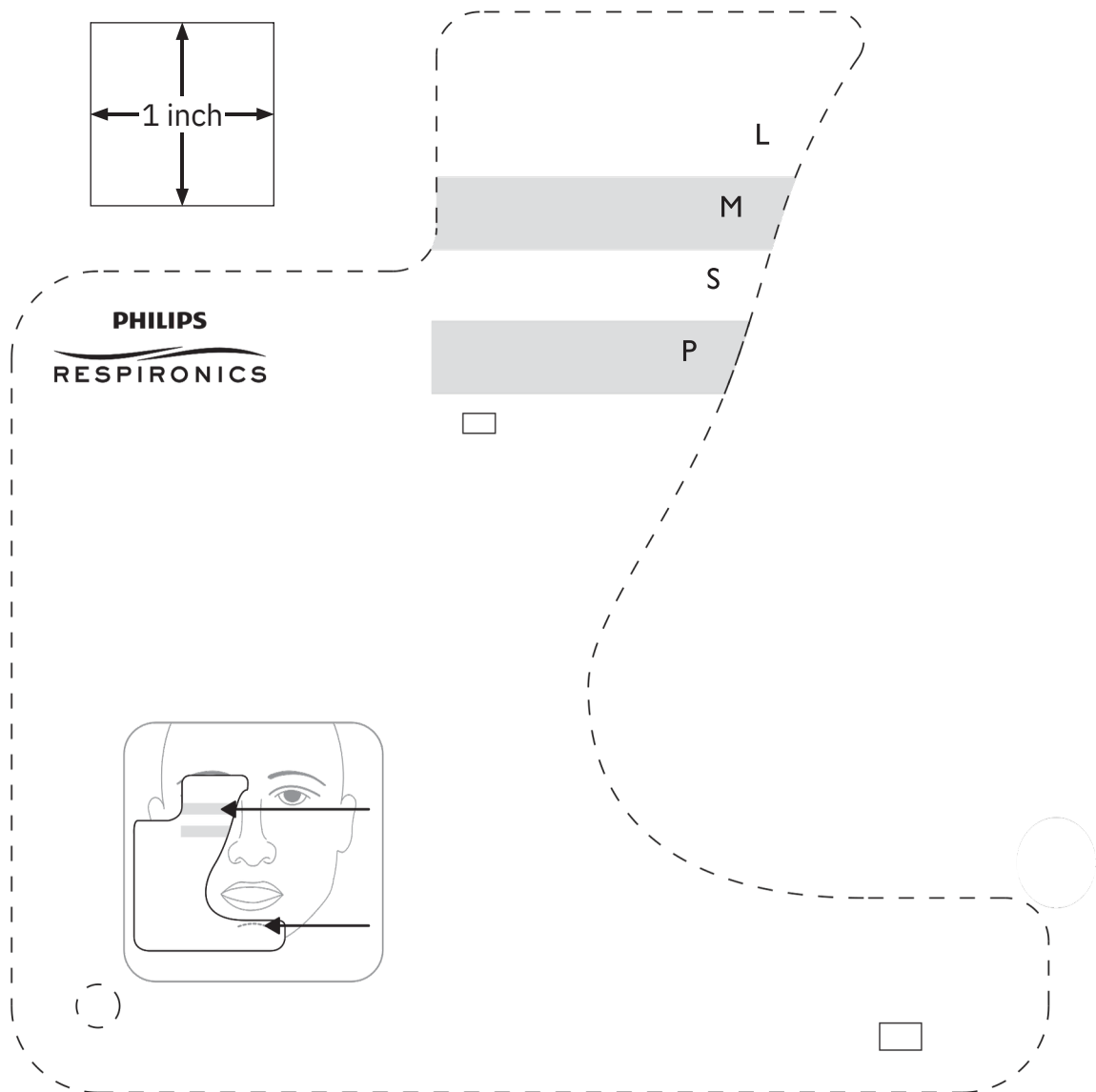


Amara and Amara Gel Sizing



1. Print this page without resizing (use the square box in inches to ensure the print size is accurate).
2. Cut out and hold against your face as shown in the diagram.
3. If you are exactly between two sizes, it is usually best to choose the larger size.
4. Visit www.terapiacpap.pt